

Tarwin Lower Primary Newsletter

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Tarwin Lower Primary School

Small School, Big Opportunities

15th February 2023

Newsletter No. 2

Please Note – supervision is from 8.45-9.00am before school and 3.20-3.30pm after school.

Dear Families,

It was my pleasure to present to School Council yesterday the school Annual Implementation Plan (AIP). This document is the core teaching and learning of the school for 2023. It documents our two main focuses – mathematics and wellbeing. The AIP provides clarity and purpose as we work towards set goals.

Ms Renee Pilkington is our Wellbeing Coordinator, who is leading the learning of staff.

We believe Wellbeing is a vital aspect of the school curriculum because it helps to create a positive, inclusive, and supportive school climate, building the preconditions for optimal student learning, and development. Students also develop lifelong social, emotional, and behavioural skills.

At Tarwin Lower Primary we provide;

- Respectful Relationships Curriculum
- Smiling Minds (mindfulness)
- School Wide Positive Behaviour
- eSmart
- Lunchtime clubs
- Sue—wellbeing officer
- Breakfast program
- Graham—wellbeing dog
- Gardening Program
- Sports and swimming programs
- Life Ed Van programs
- Community Involvement eg Clean Up Aust Day, ANZAC Day

- Celebrate/Commemorate Days eg Sorry Day, Harmony Day
- Student Leadership and Voice eg JSC
- Occupational Therapist on site—starting soon!
- The Resilience Project—also starting soon!

If you are interested in joining School Council, the elections are open on Tuesday 21st February for one week. Please consider volunteering your time. We meet twice a term on Tuesdays at 6pm, and meetings usually last no more than an hour. Nominations forms will be in the office.

Other things to note;

- Please call the office if your child is not on the bus. Please remember that the cricket program is delivered by a third party, we do not have access to who is enrolled.
- Family BBQ is on Tues 28th Feb, straight after cricket—4.30-5.30pm. We will be cooking up piles of sausages. Hope to see you all there!

Warm Regards,

Jennifer Cox

Principal



Follow our Facebook page for photos and the most up to date information of the learning happening at school.

Kindness

Cooperation

Resilience

Respect

**2023– DATES TO REMEMBER**

Wednesday 15th February	Parent Teacher Conferences
Wednesday 15th February	District Swimming Trials
Tuesday 21st February	School Council Nominations Open
Tuesday 21st February	Cricket Program after school
Wednesday 22nd February	Swimming - Years 1 - 6
Friday 21st February	Division swimming sports for eligible students @ Korumburra
Tuesday 28th February	Family BBQ evening@6pm
Tuesday 28th February	Cricket Program after school
Tuesday 28th February	School Council Nominations Closed
Wednesday 1st March	Swimming - Years 1 - 6
Friday 3rd March	Clean up Australia Day @12.30-1.20pm
Monday 6th March	Dental Health Van this week
Tuesday 7th March	The Resilience Project Presentation for students
Tuesday 7th March	Cricket Program after school
Wednesday 8th March	Swimming - Years 1 - 6
Thursday 9th March	School Photos
Monday 13 March	Labour Day—public holiday

Bell Times

Bell times have been changed. Please take note of the following:

Morning Supervision	8.45 - 9.00
Session 1	9.00 - 11.00
Recess	11.00 - 11.20
Session 2	11.20 - 1.20
Lunch	1.20 - 2.20
Session 3	2.20 - 3.20
Afternoon Supervision	3.20 - 3.30

Supervision arrangements before and after school

Student safety at Tarwin Lower Primary School is our highest priority and the safe and appropriate supervision of students is an important element of our duty of care to students. Part of this duty is ensuring parents and students are aware of our student supervision arrangements before and after school.

Before school: School grounds are supervised at 8.45am.

After school: School grounds are supervised until 3.30pm.

Students on school grounds outside these times will **not** be supervised, unless they are attending a pre-arranged supervised activity (i.e. sports practice).

For a copy of our school's Yard Duty and Supervision Policy please see our website <https://www.tarwinlowerps.vic.edu.au/policies>. This policy includes Tarwin Lower Primary School's student supervision arrangements across the school day, including before and after school.

300 Nights Reading

We would love to give a 300 night reading trophy to all our students this year. Last year we had only 2 students qualify. You need to read nearly every night to be eligible. Get started now. If parents have any questions, please speak to your classroom teacher.



Parent Payments

Thank you to the parents who have already paid Curriculum Contributions for this school year. The 2023 Parent Payment Policy has been published on Compass and can also be found on our school website: www.tarwinlowerps.vic.edu.au.

Please note that payments can be made via the following ways:

- On Compass
- Cash
- Direct debit into the school account (see details on following page)
- Credit Card payment at the office via Compass

School Bus Program

Please note that a student is only permitted to travel between the approved bus stop nearest to their home and school. Requests to access alternative bus stops on the same route can be considered by the principal.

To do this, please put in a written request 48 hours (paper or email) before the change of stop will occur. If approved, this will ensure all staff and drivers are aware of the change, and the student will be dropped off at the correct stop. Please do not ring on the day, as we can not ensure the communication will be passed along. We want all our students to arrive at their destination safely.

Families are responsible for transporting their children to and from designated bus stops and for their safety at the bus stop while waiting for the bus. For more information, please see refer to the [DET School Bus Program](#).

Compass

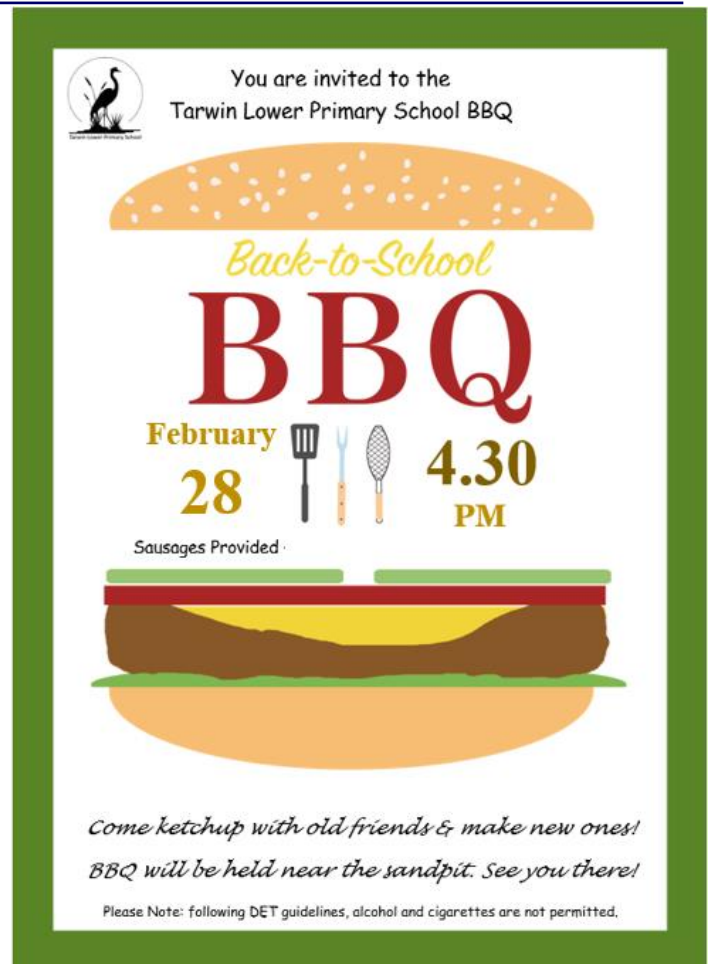
Please watch this quick YouTube clip if you need help when logging into the Compass App

<https://www.youtube.com/watch?v=sGXrTiUJitU>

If you need your password reset, please contact the office tarwin.lower.ps@education.vic.gov.au

Paper Newsletter

If you wish to have a paper newsletter copy, please collect one from the office.



Account Name:

**Tarwin Lower Primary School
Council Operating Account**

BSB: 063000

ACC: 14191631

Happy Birthday

We hope you had a great time on your special day.

- **Ollie**





From our Chaplain

Firstly, thank you to everyone who donated groceries to the community food cupboard and sent Get Well cards for Alison. It's great when we as a school can reach out to each other and to the wider community during trying times.

I have continued running a weekly craft class with the younger students and expect a few more participants once the weather turns colder.

Here are some recent photos of our work.

We made polar bear cards recently and had a lot of fun in the process. Several students also did some independent work of their own, which they were eager to show you.

As always, if you need a listening ear I can be contacted via the school. I don't promise to have all the answers, but I will support you and your family in any way I can, and refer you onto other services, if that will help.

Sue



Annual privacy reminder for our school community

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the [Schools' Privacy Policy](#).

Please take time to read our school's [privacy collection notice](#), found on our website.

For more information about privacy, refer to: [Schools' Privacy Policy – information for parents](#). This information is also available in ten community languages:

- Amharic
- Arabic
- Dari
- Gujarati
- Mandarin
- Somali
- Sudanese
- Turkish
- Urdu
- Vietnamese

Camps, Sports & Excursions Fund (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

Please contact the office if you wish to apply. Applicants from last year will automatically be rolled over into 2023





WHY IS IT IMPORTANT FOR YOUR CHILD TO ARRIVE AT SCHOOL ON TIME?



There are many benefits your child will gain from arriving on time to school and class.

Did you know?

- ✚ The likelihood of success in learning is strongly linked to strong participation in school programs which is linked to arriving on time.
- ✚ It is very important for children to develop habits of arriving on time at an early age, beginning from the time they start school.

Some Gains for Your Child

Arriving On Time for School and Class:

- ✚ Makes sure that your child doesn't miss out on the important learning activities that happen early in the day when they are most alert.
- ✚ Early morning learning activity is often reading or writing your child can lose so many opportunities to learn these critical life skills.
- ✚ Helps your child to learn about routines and commitment.
- ✚ Gives your child time to greet their friends before class and this can reduce the possibility of disruptions in the classroom.
- ✚ Class disruption can make your child feel uncomfortable and can upset other children.
- ✚ Arriving on time every day makes children feel good about themselves

SCHOOL ATTENDANCE IS COOL!



Welcome to The Resilience Project

PARENTS & CARERS

This year, we are excited to bring The Resilience Project (TRP) into our school community!

WHY?

Current research tells us...

Why mental health matters

RESILIENCE PROJECT



One in four Australian adolescents will experience mental health problems this year

Nearly two thirds of them will not seek help.



One in seven primary school students are also likely to experience mental health problems this year.

Source: National Survey of Mental Health and Wellbeing, Australian Institute of Health and Welfare, Australia's Youth: Mental Illness

EVIDENCE-BASED

The Resilience Project's School Partnership Program has been independently evaluated by both The [University of Adelaide](#) and The [University of Melbourne](#). Click the links or scan the QR

code to find out more about the impact the program has on **emotional wellbeing** and **behavioral changes**.



The Resilience Project is committed to **teaching positive mental health strategies** to prevent mental ill-health and **build young people's capacity to deal with adversity**.

ABOUT THE PROGRAM

We will be implementing their evidence-based **Teaching and Learning Program** throughout our classrooms, staffroom and school community.

Teachers and students will engage in weekly lessons and activities around the key principles of **Gratitude, Empathy, Mindfulness (GEM)** and **Emotional Literacy** to build resilience.

WHAT CAN BE DONE AT HOME?



To learn more about The Resilience Project and get involved from home, you can start exploring the ideas, activities and resources which bring **Gratitude, Empathy** and **Mindfulness (GEM)** to life on [TRP@HOME](#).

The Imperfects podcast, led by Hugh van Cuylenburg, Ryan Shelton and Josh van Cuylenburg, is all about how perfectly imperfect we all are. Hugh, Josh and Ryan chat to a variety of interesting people who bravely share their struggles and imperfections, and we all learn some valuable take-aways we can apply to our own imperfect lives.





15th February 2023

BLUE WOLF PHOTOGRAPHY

We are at

Tarwin Lower Primary School

Sample St Primary School - Grade Two 2018



Back Row: Bill Smith, Brent Rice, Oscar Adams, Isabella Smith, Alexandra Beady, Scott Fyfe.
Middle Row: Jill Ford, Isabella West, Ella Kent, Barbara Tomlin, Brett Livings, Tegan Beadell.
Front Row: Shanon Brown, Brianna Ross, Laura Pollock, Ruby Bell, Beth Kasper, Courtney Walsh, Hannah Brown.
Teacher: Alonka Madala. Education Support: Lara Webb.



Thursday 9th March 2023

We have it covered!
You will be notified when the photos are ready
to purchase via our online store!

Please contact us with any special requests prior to the shoot date!



T: (03) 5678 5165 M: 0407 912 062 E: info@bluewolfphotography.com.au
A: 9 Genista St, San Remo, Vic, 3925 www.bluewolfphotography.com.au

Kindness

Cooperation

Resilience

Respect



Sunscreen



The sun's ultraviolet radiation (UV) can cause skin and eye damage and skin cancer. You can't see or feel UV. It can be scattered and reflected so can reach you even in the shade. Whatever the weather, when the UV is 3 and above, use all five forms of sun protection.



SLIP



SLOP



SLAP



SEEK



SLIDE

SPF

Sun Protection Factor. Choose SPF30, 50 or 50+.

Application

Apply a generous amount of sunscreen to any skin not protected by clothing.

Apply sunscreen about 20 minutes before going outdoors and reapply every TWO hours or more frequently if sweating or in water.

AUST L

In Australia, sunscreens are regulated by the Australian Therapeutic Goods Administration (TGA). Always check for the AUST L (Australia Licence) number.



Water Resistant

Four hours water resistance does not equal four hours UV protection. Always reapply after swimming.

Storage

To help keep sunscreen stable, store it below 30 degrees.

Expiry

Always check the date to make sure the sunscreen hasn't expired.

Broad Spectrum

Protects against UVA and UVB radiation.

Even when wearing a hat, apply sunscreen to help protect from scattered and reflected UV reaching the face, neck and ears.

DNA damage that causes skin cancer accumulates with repeated UV exposure. Apply sunscreen daily.

sunsmart.com.au

schools@cancervic.org.au





15th February 2023

DON'T MISS YOUR WOOLWORTHS CRICKET BLAST POP UP BLAST PROGRAM!

WWCF PROGRAM - TARWIN LOWER PS



**REGISTER AND RECEIVE
A SHIRT AND CAP**

CV WWCF PROGRAM - TARWIN LOWER PS

VENUE: 34 SCHOOL ROAD, TARWIN LOWER VIC 3956

DATES: 14TH, 21ST, 28TH FEBRUARY & 7TH MARCH

TIMINGS: 3:30PM - 4:30PM

COST: FREE (SCAN QR CODE TO REGISTER)

CONTACT: PETER - 0405 384 088



SAME-DAY NOTIFICATION OF UNEXPLAINED STUDENT ABSENCES

FACT SHEET FOR PARENTS/CARERS

If your child is sick or absent, you are required to notify their school as soon as possible **on the day of absence** using one of the following methods:

1. **Online:** log the absence directly using your school's IT platform (Compass).
2. **Telephone:** the school office and leave a message to let the staff know your child's name, class, date of absences and reason.
3. **Email:** the school and provide the staff with your child's name, class, date of absences and reason.

Notifying the school of your child's absence either prior to, or on the day that they will be away, helps ensure the safety and wellbeing of children and will fulfil your legal responsibility.

Why do I need to notify the school if my child is absent?

Schools need to know when and why a child is absent and you need to know if your child isn't at school.

From the end of Term 2 2018, all Victorian government schools are required to contact parents/carers as soon as practicable on the same day of an unexplained student absence. If your child is absent on a particular day and you have not contacted the school to explain why, the absence will be marked as unexplained.

This system also promotes daily school attendance. Going to school every day is the single most important part of your child's education, they learn new things every day – missing school puts them behind.

What is your responsibility?

You are legally required to ensure your child attends school every day or you must provide an explanation for their absence. You should let the school know in advance of any upcoming absences or let them know in the morning if your child won't be at school. [In order for](#) schools to implement the same day notification requirement, it's essential that you provide the school with your most up-to-date contact details.

Generally, one notification will be sent per family. Should there be circumstances that require both parents and carers to be notified, please contact the school to make the necessary arrangements.

What is the school's responsibility?

The school must notify you of an unexplained absence in relation to your child as soon as practicable on the same day.

Schools will let you know either by your school's online communications app, SMS, phone call or email. If you can't be reached because the school does not have your correct contact details ([i.e.](#) changed phone number, SMS/email failure notification received etc.), the school will attempt to make contact with any emergency contact/s nominated on your child's file held by the school. Where possible, this contact will be made on the same day of the unexplained absence.

Where can I learn more about the process for managing student absences?

Ask your school for a copy of the *Attendance Policy* which outlines the school's processes and procedures for monitoring, recording and following-up of student absences.